

Modesty

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Many women and men do not know what modesty is. In this ebook, I talk about how you can be modest as a Christian. I will talk about modesty of the heart and modesty on how we dress. If you are interested, stay tuned for more!

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Introduction:

In this ebook, I talk about modesty. I talk about both inward and outward modesty. I also talk about how God looks at both the heart and how we dress. How we dress reflects what is in our hearts.

I talk about whether what we are wearing is pleasing to God or pleasing to man. In addition, I talk about knowing your identity, worth, and accepting yourself the way God has created you to be. I talk about not looking for validation in man, but in Jesus Christ. I also talk about how the sin of vanity can lead to destruction and how we can repent.

Thank you for choosing to read this book. I hope and pray this book is a blessing to you, and it gives you insight and understanding on dressing modestly from a biblical perspective. Stay tuned for further more!

Chapter 1: Modesty of the Heart (Inward)

Modesty starts in the heart and works its way on the outside. Inward modesty is about our character and how we treat others. Inward modesty reflects a heart of love towards others. Inward modesty is about the attributes of the heart, such as the fruit of the Holy Spirit. Love is a fruit of the Holy Spirit, and it is the exact representation of Christ and his love for us. Here is the scripture on the fruit of the Holy Spirit.

Galatians 5:22-23 says, "But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance: against such there is no law."

These attributes are of the Holy Spirit and reflect inward modesty as a child of God. When you have these characteristics, you are reflecting Christ in your thoughts, words, and actions. We can ask God to help us to develop more of the fruit of the Spirit in our lives. He may put us through a pruning process so that we can bear more fruit. God will cut off the dead branches

that are not producing fruit in our lives so that we can bear more fruit.

A believer will produce good works flowing out of an abiding relationship with Christ. We do not do good works to earn our salvation or to get into the kingdom of heaven. We do good works because we are created in Christ to do them. Our good works are evidence that our faith is genuine and not dead. It is possible to have a dead faith that does not produce any works. That dead faith cannot save. But a faith that is alive and active does save. Doing good works out of a loving relationship with God is a form of inward and outward modesty.

When we are serving God and others with the gifts that He has given us, we are exhibiting an inward modesty. We are called to live a life of good works and service to our Creator, Jesus Christ, and to one another. When we are walking in the love of God, we are walking in the will of God for our lives. When we love others through our words and actions, we are loving Christ. We show that we know him by our love and obedience to his word

and commandments. Our love for God and others shows that we are modest inwardly and outwardly.

1 Timothy 2:9-10 says, "In like manner also, that women adorn themselves in modest apparel, with shamefacedness and sobriety; not with broided hair, or gold, or pearls, or costly array; but (which becometh women professing godliness) with good works.

God is looking at our hearts, and that means that we should strive to live pure and holy lives. We are not perfect, but we strive for perfection because Jesus Christ was perfect. If we want to be like anyone; it is to be conformed to Christ and his likeness. It can be so easy to dabble in sin, and our hearts become unclean. That is when we need to recognize that we have sin in our lives, confess it to God, and repent. We need his help with repenting and turning away from sin because we cannot do it on our own without him.

When we ask God to forgive us, He will when we truly turn away from our sins and not go back to them. When we choose not to go back to our lifestyle or pattern of living, then we have truly repented. We may even need

deliverance from certain sins and addictions. That is something that only God can do and not ourselves. We cannot get free from sin on our own. We will just keep going back to it because the Holy Spirit gives us his strength and power to overcome the sins and addictions. Repentance is a form of modesty. When we keep ourselves pure from this world, we are walking in inward modesty.

We also need to ask God to cleanse our hearts and minds from our sins. When we ask Him to do that, we will go through refinement. We will go through the purging of our sins. God will purge us of anything that is not like him or pleasing to him in our lives. We will go through purification, and it is a painful process but necessary to become more like Christ. That is also how we can be modest inwardly. Inward modesty starts with a heart transformation.

The Holy Spirit will come in and transform your heart, mind, and life. You become a new person and creation in Christ. Your old former man has passed away, and you receive a new nature when you put on Christ.

2 Corinthians 5:17 says, "Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new."

When the Holy Spirit does work on the inside of you, He changes not only your heart and desires, but he puts his dreams on the inside of you. You will want to accomplish his will, and he gives you godly desires, a purpose, and a calling. You will have a desire to do his will instead of doing your own will. You will want to try to stay on the narrow path because that is the path that leads to life. You may get off that path, but when you do, the Lord leads you back again. But we have to make a conscious effort to stay on the narrow path with the help of the Holy Spirit.

Matthew 5:8 says, "Blessed are the pure in heart: for they shall see God."

Hebrews 12:14 says, "Follow peace with all men, and holiness, without which no man shall see the Lord:"

Mark 1:15 says, "And saying, The time is fulfilled, and the kingdom of God is at hand: repent ye, and believe the gospel."

1 Peter 3:3-4 says, "Whose adorning let it not be that outward adorning of plaiting the hair, and of wearing of gold, or of putting on of apparel; but let it be the hidden man of the heart, in that which is not corruptible, even the ornament of a meek and quiet spirit, which is in the sight of God of great price."

Another way we can be modest in our actions is through humility or meekness. Humility is thinking of ourselves less and thinking of others more. This takes practice. Children's nature is to think of themselves, and their parents have to teach them that it is not about them and that it is about Christ and others. Modesty of the heart is service to others. Jesus Christ took on the role of a humble servant. He willingly laid down his life for the sins of all mankind. He laid all of our sins, guilt, shame, and burdens upon himself on the cross. That is true love and sacrifice. Jesus Christ was selfless. He had mercy and compassion on the lost, hurt, and

broken. We as believers are called to do the same if we want to become more like Christ.

Philippians 2:7-8 says, "But made himself of no reputation, and took upon him the form of a servant, and was made in the likeness of men: And being found in fashion as a man, he humbled himself, and became obedient unto death, even the death of the cross."

Matthew 20:28 says, "Even as the Son of man came not to be ministered unto, but to minister, and to give his life a ransom for many."

Luke 19:10 says, "For the Son of man is come to seek and to save that which was lost."

What is precious to God is when women are meek and quiet. There is a time to speak and a time to be silent. Women should not exercise authority over men. A woman should be quiet and submissive to her husband and to those in authority. A woman should not be loud and obnoxious. Women are not to control others, their husbands, or those in authority. Many women today want to take on the dominant role and

factor. Women today want to be in control of their lives and the lives of others.

Women want to work jobs outside the home that God has never called them to work. Women want to dress promiscuously to attract attention from the opposite sex. Women today want to be in charge or in authority. But God wants to be in control of our lives. He wants us to trust in him with every area of our lives. He wants us to follow His leading, guidance, and instruction. Women are not called to work jobs outside their homes but are to be homemakers. Women are called to get married, start families, raise children, and take care of their homes. The husband is called to work a job to provide for the family and for the home. The wife is called to be at home with her children and raise them in the Lord according to the Bible.

Titus 2:4-5 says, "That they may teach the young women to be sober, to love their husbands, to love their children, to be discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed."

Proverbs 22:6 says, "Train up a child in the way he should go: and when he is old, he will not depart from it."

Ephesians 6:4 says, "And, ye fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord."

Proverbs 19:18 says, "Chasten thy son while there is hope, and let not thy soul spare for his crying."

Chapter 2: Modesty in how we dress (Outward)

God does look at our hearts, but he is also looking at how we dress. How we dress really does matter, whether we see it or not. How we dress matters because if we are dressing provocable or inappropriately, we can cause another man or woman to stumble or fall. We can cause others to commit the sin of adultery in their hearts when we are dressed half naked. The Lord wants us to cover ourselves up by wearing modest and respectable apparel.

Women back in the day used to wear long skirts, dresses, and head coverings. When the women's movement started, women wanted to rebel because

they wanted to work jobs outside the home; that is when women started to wear pants. Women's fashion began to change from the 1950's dresses to the 1970's pants. Nowadays, women and men wear whatever they want to wear. They do not care if they are cross dressing. Nowadays, a woman looks like a man, and a man looks like a woman. People are going through an identity crisis. People are not raised knowing their true identity in Christ, and so they make up one for themselves.

Isaiah 5:20 says, "Woe unto them that call evil good, and good evil; that put darkness for light, and light for darkness; that put bitter for sweet, and sweet for bitter!"

I'm not judging anyone on whether or not a woman should be wearing pants or not. But what I am saying is that you should ask the Lord to show you what he wants you to wear. Ask the Lord to show you if what you're wearing is pleasing to him. Does what you wear honor and glorify God? Is what you are wearing causing others to sin or stumble? We all have different convictions. However, we will be held accountable for how we dress and for our words and actions. Our words and actions will go with us to judgment.

There are women that dress like harlots or prostitutes and barely have anything on. Many women crave the attention of men because they do not know the love that Christ has for them, so they look for it in a man. Many men do the same too. Men will spend all of their time at the gym building muscles and working out so that they can get a girlfriend or become popular. This is pride and vanity. When one is obsessed over their appearance and how they look, it can lead them to idolize themselves and their appearance.

Women idolize their beauty by wearing globs and globs of makeup. They think that wearing lots of makeup is going to make them more attractive and appealing. Women that do not love and accept themselves for who God created them to be will wear lots of makeup to cover up their true beauty.

These women are rejecting Christ because they do not accept their natural, real, and raw beauty. That is the true beauty that God has given them. The fake beauty is a lie. When a woman covers herself up with all this makeup, she is lying or pretending to be someone she is not. It can be a sin of vanity and idolatry when a

woman wears lots of makeup and jewelry because she wants attention from men and women.

It is all about your heart motives. What is the reason why you are wearing makeup or lots of it? What is the reason why you are dressed the way you are dressed? Is it to gain attention from men? Or is it to boost your self-confidence? or is it to honor and glorify Jesus Christ? There are literal men and women in hell because of the sin of vanity. The men and women obsessed over their appearance, and they died in that sin. That is the reason why I am making this book.

God created us the way we are to glorify him and not to glorify ourselves or our own beauty. When you know your worth and identity, you are much more able to love and accept yourself for the way God created you. You will not try to fit in like the rest of the world. You were made to stand out and be set apart from this world. You are in this world, but you do not belong to the world; you belong to Christ when you are his true child. When you know your worth and identity, you will not look for it in men or in another person or thing. You will look for it in Christ alone.

Genesis 1:27 says, "So God created man in his own image, in the image of God created he him; male and female created he them."

Psalm 139:13-14 says, "For thou hast possessed my reins: thou hast covered me in my mother's womb. I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well."

