

How to stay pure and live holy: By Erica Jermanus

Do you struggle with staying pure in your heart, mind, body, and life? Then, this book is for you!

Table of Contents

Introduction

Chapter 1: What does it mean to live an unholy lifestyle?

Chapter 2: How to be holy inwardly and outwardly

Chapter 3: Sexual immorality, masturbation, pornography, and prostitution

Chapter 4: Ungodly and sinful entertainment

Introduction

This ebook is for those who are living an unholy lifestyle. Many are out having sex outside of marriage and fornicating. Many are committing other sexual sins, such as masturbating and watching porn. Many are listening to and watching secular and worldly entertainment. This can defile a person and make them unholy and ungodly. God may need to cleanse your heart, mind, and life from sin and evil. You may have unconfessed and unrepented sin in your life.

In this book, I talk about how you can live holy both inwardly and outwardly. I talk about how we can confess our sins and repent of them. I talk about how we can be holy through our thoughts, words, and actions. Jesus Christ set the most perfect example of how to live holy. He was perfect and without sin and lived a holy life. Jesus Christ is calling us to follow him and his lifestyle.

Chapter 1: What does it mean to live an unholy lifestyle?

So many Christians today are going to church on Sundays, but the rest of the week they are living like the world. These Christians have one foot in heaven and one foot in the world. These Christians are serving God one day and Satan the next. We have to pick a side. We cannot have both. Are we going to go out and party, drink, smoke, and fornicate? Or are we going to serve God and his kingdom and purpose in our lives? We cannot be used by God if we are living an unholy and unrighteous lifestyle. We will not be clean vessels for honorable use if we have sin in our lives.

When we are living unholy or ungodly, we have allowed our hearts to become unclean and hardened by sin. We need God to come in, cleanse us of our sins, and purify our hearts and minds. We also need him to soften our hearts and to give us a heart that is sensitive to the voice of the Holy Spirit. There are times we have allowed our heart to become callous where we have sinned so much that we do not hear the voice of God anymore. We need the Holy Spirit to remove our heart

of stone and give us a heart of flesh. Ezekiel 36:26 says, "A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you an heart of flesh."

There are times we may be living unholy and ungodly lives and we don't even know it until it is too late. When I say too late, I'm talking about dying in our sins and being separated from Jesus Christ for all eternity. That is not God's will for anyone. God wants everyone to be saved and to repent daily of their sins. 2 Peter 3:9 says, "The Lord is not slack concerning his promise, as some men count slackness; but is longsuffering to us-ward, not willing that any should perish, but that all should come to repentance."

Jesus Christ came as a ransom for sin, and he came to save us from our sins so that we could have eternal life. He wants everyone to be saved and have eternal life. But not everyone will make it into the kingdom of heaven. Many will not repent, and it will be too late for them. They will not be able to come back to repent and get it right. Their eternal destiny and fate will be sealed.

Chapter 2: How to be holy inwardly and outwardly

We can be holy inwardly by confessing our sins to God and repenting. There is no forgiveness until we have confessed and repented. That is how we live holy. Also, fearing God is also walking in holiness. Fearing God does not mean to be afraid of him, but to reverence, respect, and honor him. When we fear God, we do not want to sin against him because we love him. That does not mean we will not slip up from time to time.

But when we do fall short, we confess it and repent of it. We don't continue to live habitually in that sin. We will ask God to forgive us, and then we will turn away from the sin that we are struggling with. We may need to ask God for his strength and help to overcome a certain sin or addiction in our lives. He will help us when we ask him. 1 John 1:9 says, "If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness." Psalm 46:1 says, "God is our refuge and strength, a very present help in trouble."

The word of God sanctifies us. So when we spend time reading and applying the word of God to our lives, that is when we also become more holy and set apart. We

become sanctified. The Holy Spirit is the one who illuminates the scriptures to us. God gives us wisdom, knowledge, and understanding. He opens our eyes to things that we may not have seen in the word before. We may be convicted of sin in the word of God. That conviction should lead us to repentance. 2 Corinthians 7:10 says, "For godly sorrow worketh repentance to salvation not to be repented of: but the sorrow of the world worketh death."

Inward holiness is also the state of our hearts. If we are holy in our hearts, then we can reflect holiness on the outside too. We do not want to be holy outside but not inside. We want to be holy both inwardly and outwardly. We can be holy inwardly by making sure our hearts are right with the Lord. We can be holy inwardly by making sure we do not have any unconfessed or unrepented sins in our lives. To be holy in the heart also means we are holy in our thoughts, words, and actions.

The Bible says in Matthew 12:34, "O generation of vipers, how can ye, being evil, speak good things? for out of the abundance of the heart the mouth speaketh." So our words come from our hearts. So if we are thinking and speaking negatively, then that is what is

going to flow from our hearts. We may also have impure thoughts because the enemy has planted those seeds in our minds. We need to uproot the seeds that the enemy has planted with the word of God.

We can be holy in our conduct and actions by how we live our lives. Our actions set an example for others. We set the example that Jesus Christ set for us. Jesus Christ lived a perfect and sinless life. We are called to walk in his footsteps and to follow after him. How we live our lives will produce either good or bad fruit. When we live holy lives, we are producing good fruit. When we are living a lifestyle of repentance, we are producing good fruit. When we submit our will, plans, and purpose to God, we are producing good fruit. When we are going out and drinking, smoking, partying, and fornicating, we are producing bad fruit and need to repent.

Once we are holy on the inside, we then can be holy on the outside in the way that we speak, act, and dress. Outward holiness may start with the way that we are dressed. We do not want to wear anything that is going to cause another man to stumble or fall. We want to

dress holy on the outside because our hearts have been made right with God on the inside.

Our inward holiness will reflect on the outside and the way we dress on the outside. We will not want to show off our breasts, thighs, hips, arms, or buttocks. We will want to cover up our most private parts because they are sacred to God. Those parts of us belong to God and our husbands and not just to any man.

A woman will want to dress in respectable apparel because she wants to honor and respect her body. She does not want to show off her body to men and try to get attention from the opposite sex. A woman will want to save her body for her husband and not for another man. She wants to live holy by dressing holy on the outside. But that is because she is already holy on the inside.

1 Peter 3:3-4 says, "Whose adorning let it not be that outward adorning of plaiting the hair, and of wearing of gold, or of putting on of apparel; But let it be the hidden man of the heart, in that which is not

corruptible, even the ornament of a meek and quiet spirit, which is in the sight of God of great price.”

Chapter 3: Sexual immorality, masturbation, pornography, and prostitution

Many today are fornicating or having sex outside of marriage, which is a sin. The sin of fornication is leading many Christians to hell. God created sex to be between a husband and wife and not a boyfriend or girlfriend. Many do not care these days, and they just shack up with anyone. Many do not even ask God if the person they are with is sent from him or if it is a counterfeit sent from the devil. People jump around from relationship to relationship just for a feel-good moment. People want to use people just for sex. That is a sin and is wrong.

There are also prostitutes that will pay money for men to sleep with them. Women are traumatized since they were children because they did not get the love that they needed as children so they look to it in men. So they will settle for just any man because they want to be loved and accepted. Many women settle for multiple men and are sleeping around and getting sexually transmitted diseases from having sex with multiple

partners. Then, they end up with soul ties that they need deliverance from. These women may even need healing and deliverance from trauma and from past relationships, addictions, strongholds, and bondages.

There are people in this world that are committing the sins of not only fornication but also masturbation and pornography. They are looking at images online that are leading them to commit the sins of adultery and lust. Masturbation can just be itching or playing with yourself down there. It is that serious. That is still a sexual sin that needs to be repented of. These sins are leading many Christians to hell and damnation because they refuse to repent and turn away from these sins. They end up dying in their sins and being separated from God for all eternity. Jesus Christ loves you, but not your sins, and he wants you to repent daily. He wants you to live a pure and holy lifestyle. Hebrews 12:14 says, "Follow peace with all men, and holiness, without which no man shall see the Lord."

Chapter 4: Ungodly and sinful entertainment

Many so-called Christians today listen to secular music and watch secular movies and tv shows. It is

influencing them to sin against God. People that watch and listen to secular and worldly entertainment are being led astray from Jesus Christ. A lot of the music, movies, and tv shows are about partying, drugs, alcohol, sex, violence, and crime. Many children are being influenced by the media and by Satan and are copying what they see and hear on the radio or television. When a child hears a person cuss and swear on the television or radio, then they are likely to do it themselves. A child may watch two people fornicating and having sex outside of marriage on a screen, and now they are going out and fornicating, partying, and drinking.

This is not just children, but even young teens and adults who are influenced by the secular media. The video games out there in this world are all about drugs, sex, and violence. These teens and adults are playing these games and are being influenced by Satan and demons. The younger generation is deceived by the enemy and thinks that they are saved and on their way to heaven. But they are sadly mistaken. People need to repent for watching and listening to worldly music, tv shows, and movies.

